

# 9" QUILT BLOCKS ASSEMBLY INSTRUCTIONS USING WIDE AND NARROW STRIPPING

Instructional Videos available at  
JDNA Learning Center.  
[www.jdnallearning.com](http://www.jdnallearning.com)  
We have step by step videos to watch.

Material for back -- 48" x 60"

Material for wide stripping on front -- 2-1/4 running yards based on 3" finished size stripping.

Material for narrow stripping on front -- 1-1/2 running yards based on 1-1/4" finished size stripping.

Batting -- 48" x 60"

**Helpful Hint: (sewing blocks & stripping)**  
When pinning pieces together, fabric goes face to face.

1. Embroider blocks.
2. **Do Not Wash until project is completed.**
3. Cut blocks apart.
4. Lay out blocks in desired pattern and make note of placement of blocks (figure 1).
5. Draw stripping on material as shown in figure 2 & 3 and cut apart.
6. Sew together 2 stripping part "B" using a 3/8" seam allowance to create strip 53-1/4" long. Repeat for other 2 part "B" strips.
7. Repeat step 6 for part "C".
8. Sew narrow stripping part "E" to top and bottom of blocks using a 3/8 seam allowance.
9. Sew narrow stripping part "G" to both sides of blocks using a 3/8 seam allowance.
10. Sew wide stripping part "A" to bottom of blocks numbered 1, 2, 3, 5, 6, 7, 9, 10, 11 using a 3/8 seam allowance.
11. Sew the column of blocks together. For example the stripping of block #1 to the top of block #2.
12. Sew the bottom blocks numbered 4,8,12 to each column.
13. Pin stripping part "B" to each side of the middle column of blocks. Then sew.
14. Pin left column to stripping part "B". Be sure that blocks line up horizontally. Then sew.
15. Repeat for the right column.
16. Pin stripping part "C" to left and right side. Then sew.
17. Pin stripping part "D" to top and bottom side. Then sew
18. Design your own quilting marks, using a washable fabric pen. This could be simple as just a square around each quilt block to detailed quilting using templates.

## Putting it all together

19. Lay backing on work area, wrong-side-up. Smooth out but don't stretch fabric.
20. Place batting carefully on backing.
21. Lay the quilt front on batting, right-side-up. Smooth out but don't stretch fabric.
22. Using extra-long quilting pins, pin through all 3 layers.
23. Baste layers together, starting from the center and working to the edges.

## Quilting time

24. Place quilt in quilting frame or large hoop, starting at the center of quilt.
25. Quilt along lines drawn above, with quilting thread.

## Binding the Edges

There are many ways to finish the edges of a quilt. The backing and batting needs to be trimmed differently depending on the method of binding.

26. Place on work area face down.
27. Trim the batting and back 3/4" - 1" smaller than the front.
28. Fold the front layer over 1/4", twice. Press edge only
29. Fold the front layer over back. Pin evenly in place.
30. Sew the edging in place by hand or machine.

You can also use this method with the quilt facing up, for a different look. Remember to cut the back and batting 3/4" - 1" larger than the front.

## Alternate methods

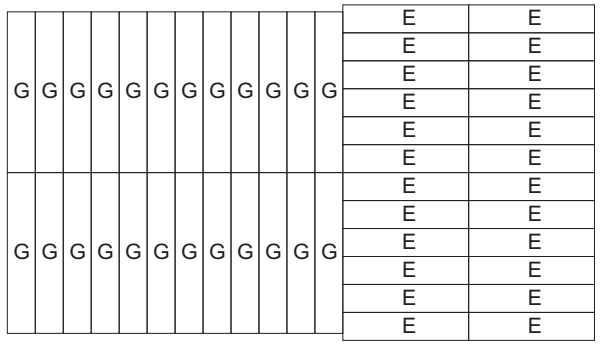
Bias Binding, Points

There are many books on quilting that can be very helpful in finishing a quilt.

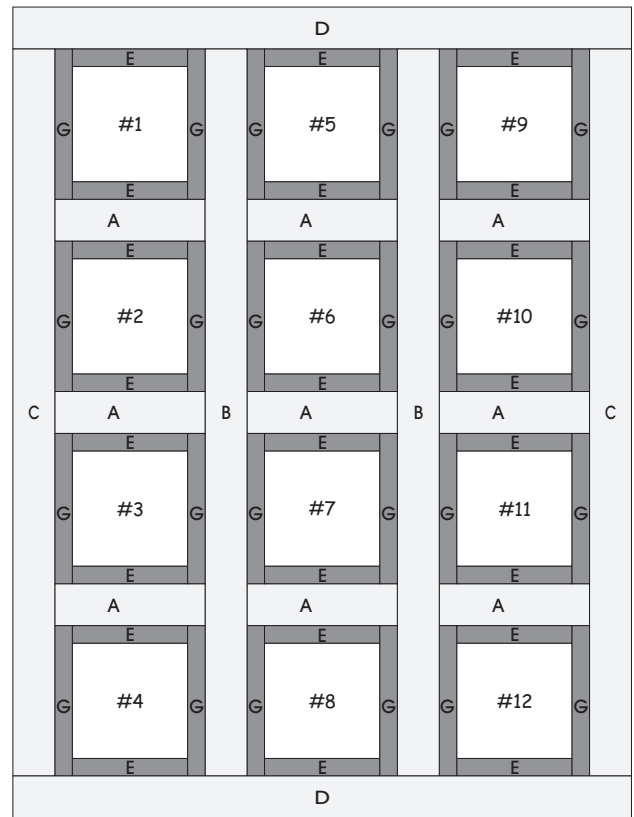
- Part - A 3-3/4" x 11-1/2" (9 pieces)
- Part - B 3-3/4" x 26-3/4" (4 pieces)
- Part - C 4-3/8" x 26-3/4" (4 pieces)
- Part - D 4-3/8" x 46-1/4" (2 pieces)
- Part - E 2" x 9" (24 pieces)
- Part - G 2" x 11-1/2" (24 pieces)

All parts have a 3/8" seam allowance and parts C & D have 1" extra width for binding edges.

### NARROW STRIPPING

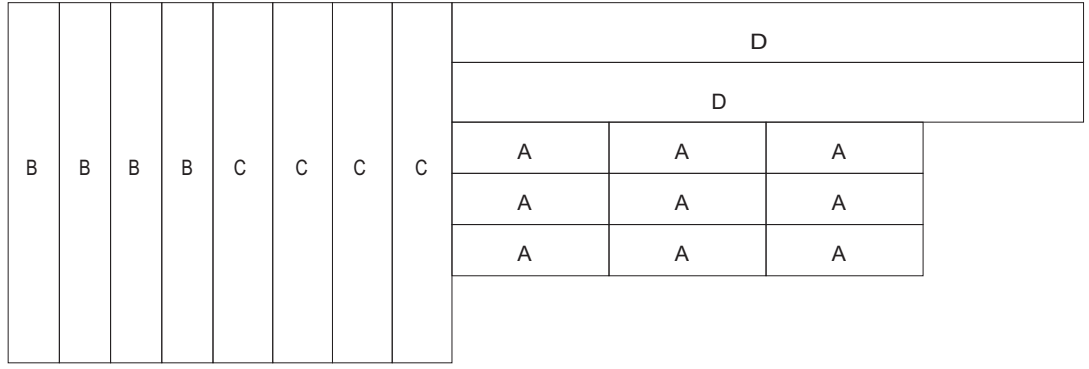


Direction of grain  
  
**fig. 2**



**fig. 1**

### WIDE STRIPPING



**fig. 3**

Direction of grain